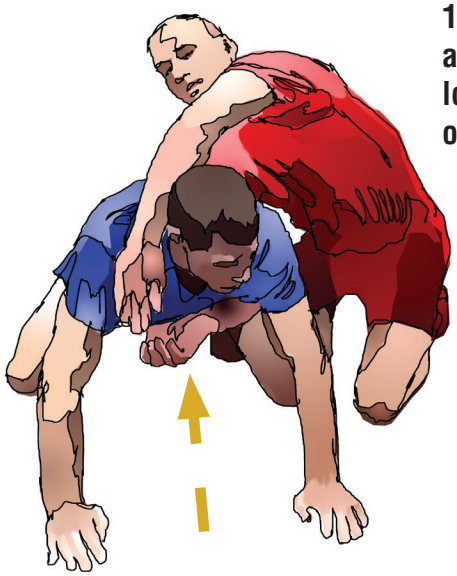
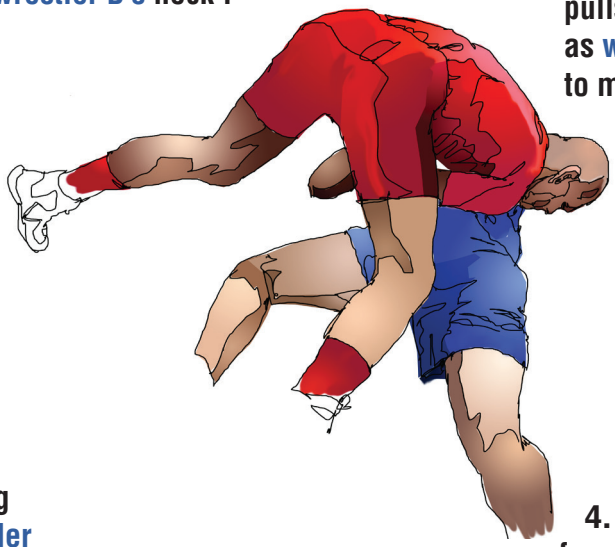
The Asassin (A Kolat Variation) Potentially Dangerous Which May Become Illegal



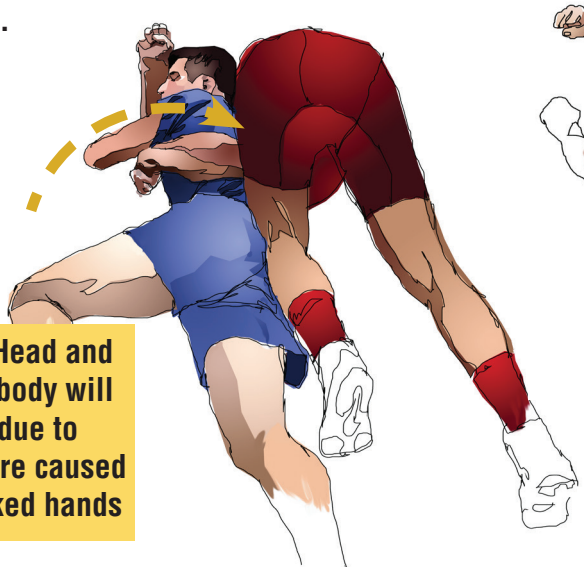
1. Set-up- Wrestler A reaches over head and under shoulder w/ far side arm to lock & vice hands in side of wrestler B's neck .



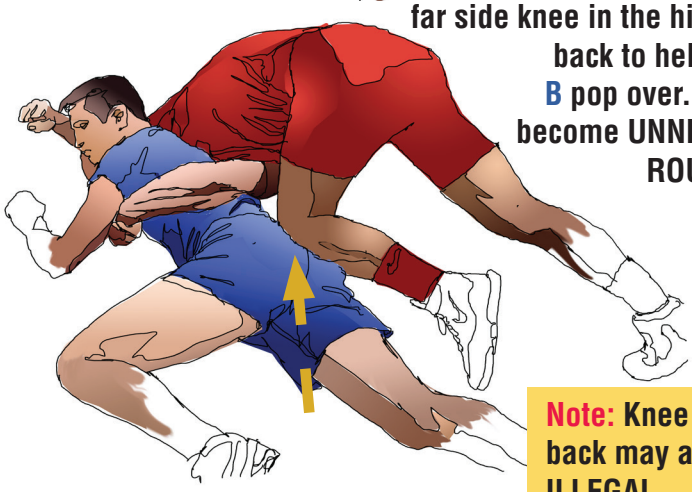
2. Wrestler A crunches & pulls wrestler B into his knee as wrestler B breaks down to mat.

Note: THE OFFICIAL'S POSTION IS CRITICAL TO SEE DANGEROUS POINTS.

3. Wrestler A steps across w/ far leg (a sit out step) pulling across wrestler B's head, neck and throat to his back. This may become ILLEGAL if across the throat.



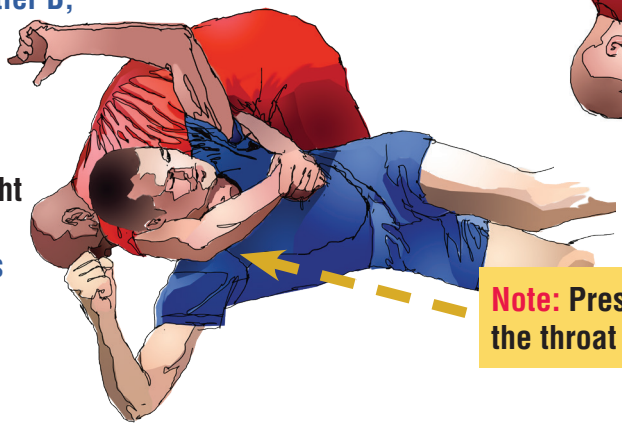
Note: Head and upper body will rotate due to pressure caused by locked hands



4. Wrestler A may plant his far side knee in the hip or lower back to help wrestler B pop over. This may become UNNECESSARY ROUGHNESS.

Note: Knee in lower back may also be ILLEGAL

5. As wrestler A turns wrestler B, he will keep his hips parallel to mat and tight against wrestler B's hip.



Note: Pressure across the throat

6. As wrestler A finishes the move, notice wrestler B's head propped up by wrestler A's arm pit and upper arm forcing the chin to be pinched against the arm across the throat. This has definitely become a choke hold … ILLEGAL.