

Knots

Directions:

The following activity will require you to work with other students to untangle the knot you will create. Make sure you use all your communication skills to navigate your way without letting go of anyone's hands. The group who accomplishes the task in the least amount of time is the winner.

1. Your instructor will divide the class into groups of six.
2. Each person will put their right hand in the center of the circle and clasp the hand of one person who is NOT standing next to him/her.
3. Everyone will then put their left hand into the circle and clasps hands, again making sure to NOT clasp the hand of the person next to you. (Note: you should be holding two DIFFERENT people's hands.)
4. Using all the communication skills you know, work with the rest of the group to untangle the knot without letting go of anyone's hand.